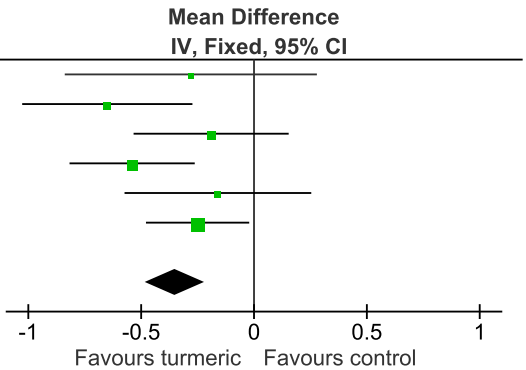
Study or Subgroup	Turmeric Mean	Turmeric SD	Turmeric Total	Control Mean	Control SD	Control Total	Weight	Mean Difference IV, Fixed, 95% CI
Usharani 2008	2.88	0.97	23	3.16	0.92	21	5.7%	-0.28 [-0.84, 0.28]
Amin 2015	-0.15	1.08	63	0.5	1.08	63	12.4%	-0.65 [-1.03, -0.27]
Rahimi 2016	-0.42	0.8	35	-0.23	0.66	35	14.9%	-0.19 [-0.53, 0.15]
Rahmani 2016	-0.3	0.63	37	0.24	0.61	40	22.9%	-0.54 [-0.82, -0.26]
Selvi 2015	-0.29	0.58	30	-0.13	1	30	10.3%	-0.16 [-0.57, 0.25]
Yang 2014	-0.36	0.23	33	-0.11	0.62	32	33.7%	-0.25 [-0.48, -0.02]
Total (95% CI)			**221**			**221**	**100.0%**	**-0.35 [-0.48, -0.22]**

Heterogeneity: Chi² = 6.67, df = 5 (P = 0.25); I² = 25%

Test for overall effect: Z = 5.16 (P < 0.00001)